

CiCC and Voice activities: January 2021-December 2021(updated April)

<b>CiCC Activity</b>		
<b>Actions/What</b>	<b>Why</b>	<b>Impact</b>
<p><b>Local sessions: Online/ face to face including introductory meetings with children's homes</b></p>	<p>Developing a group with a set of core strength based values including care and support.</p> <p>That allows young people to represent the voice of their peers as well as advocating for their own views.</p> <p>Topics and challenging issues are worked through as a group and develop into priorities for the CiCC.</p> <p>This is not just a group for now but something to be seen as a group of people and support system for the future.</p>	<p>52 young people participating across 26 sessions.</p> <p>They created Hijack Valentines Day and the information for the Welcome to the CiCC packs 2021.</p>
<p><b>CiCC Workshops:</b></p> <ul style="list-style-type: none"> <li>• <b>Drumming</b></li> <li>• <b>Drawing</b></li> <li>• <b>Games</b></li> <li>• <b>Illustrated story (Bens Story)</b></li> <li>• <b>Fire Fighter Day</b></li> </ul>	<p>Creating more opportunities for young people to be involved in multiple ways, allows young people to participate in ways they feel comfortable with whilst also encouraging the development of social and emotional skills.</p> <p>They also provide an informal opportunity to listen to young people's views on a variety of issues.</p>	<p>37 young people attended across 18 sessions</p>

<p><b>Preparation Sessions:</b></p> <ul style="list-style-type: none"> <li>• <b>Create Presentations</b></li> <li>• <b>Film videos</b></li> </ul>	<p>Interactions with managers and services can feel intimidating. The preparation sessions allow them to work as a group where they are supported to voice their views.</p> <p>Allowing young people to plan what they deliver in sessions, empowering them to feel in control of their work and be able to affect change.</p>	<p>14 young people attended across 13 sessions.</p> <p>They created a film to tell the CPB what being a member of the CiCC means to them.</p>
<p><b>Impact sessions:</b></p> <ul style="list-style-type: none"> <li>• <b>CPB takeover</b></li> <li>• <b>Practice week x2</b></li> <li>• <b>Hijack valentines day feedback session</b></li> </ul>	<p>Supporting young people to engage with decision makers. Ensuring young people's voice is on the agenda and normalising the process of young people being involved in strategic decision making.</p>	<p>13 young people across 8 sessions.</p> <p><b>Hijack Valentines Day</b></p> <ul style="list-style-type: none"> <li>• Lynn Berryman took forward young people having ½ day fun day with social workers once a year.</li> <li>• Fostering team supported the CiCC Welcome mail out by altering foster carers to its arrival before the packs arrived and aske them to discuss them with young people.</li> </ul> <p><b>Practice week</b></p> <ul style="list-style-type: none"> <li>• Teams discussed how they could better support contact siblings.</li> <li>• Looked at how they could communicate better with young people.</li> <li>• Promote NYAS</li> <li>• Promote the book of sunshine, Ben's Story and updated on hijack Valentines Day (Oct 4<sup>th</sup>)</li> </ul> <p><b>CPB Takeover:</b></p>

<p><b>County CiCC sessions:</b></p> <ul style="list-style-type: none"> <li>• <b>Online</b></li> <li>• <b>Outdoor opportunities and trips (Hawse End)</b></li> <li>• <b>Christmas Session</b></li> <li>• <b>Keswick Day Out</b></li> </ul>	<p>Bringing together young people across Cumbria and those living outside with a shared lived experience of being in care. Building confidence, self esteem, friendships, valuing views, respecting others.</p>	<p>88 young people have attended across 5 sessions.</p> <p>They have completed a consultation on Fostering Placements and redesigned Cumbria's Promise that will help to create a website and training for corporate parents. At the Christmas Day out they began work on a kindness calendar and started to look at the use of language.</p>
<p><b>Celebrating Us CiCC Awards</b></p> <ul style="list-style-type: none"> <li>• <b>Online nomination process.</b></li> <li>• <b>Judging panel</b></li> <li>• <b>Awards event</b></li> </ul>	<p>The awards are a fantastic opportunity to celebrate achievements big and small for young people in care and care leavers.</p> <p>Providing positive reinforcement and aspiration building examples of what young people in care can achieve.</p> <p>As much as possible young people plan and run the day.</p>	<p>Over 100 nominations spread across 11 award categories.</p> <p>18 young people (incl care leavers) took part in various judging panels.</p> <p>8 Children and Young People winners 2 Care Experienced adults were brilliant presenters.</p>

<p><b>Promise Ambassador Work</b></p> <ul style="list-style-type: none"> <li>• <b>Face to Face meetings</b></li> <li>• <b>Online meetings</b></li> <li>• <b>Residential</b></li> </ul>	<p>Refreshing “Cumbria’s Promise” into “Our Promise” by working with an illustrator to create a more engaging and visual promise. Using the illustrations to create a short film. Training young people to be Promise Ambassadors who know the promise well. Young people working together to create a workshop for professionals/elected members that they will then facilitate, helping to embed “Our Promise” in their practise. Using the residential to complete some of this work as well as promoting young people’s confidence, self-esteem, team building skills and friendships.</p>	<p>50 young people have been a part of the refreshing of “Our Promise”</p> <p>14 young people are currently training to be Promise Ambassadors</p> <p>13 young people attended the 3 day residential</p>
<p><b>Mail outs</b></p> <ul style="list-style-type: none"> <li>• <b>Newsletters</b></li> <li>• <b>Welcome to the CiCC information pack.</b></li> </ul>	<p>The main purpose is to keep young people looked after both in and out of Cumbria informed about what the CiCC has been up to. It offers advice and information about where to go for support and how to get in touch with the Children’s Rights Officers.</p>	<p>3 Newsletters mailed out to all looked after young people aged 9-16 years old.</p> <p>357 Welcome packs posted out in July to advertise the CiCC and the Fun Day at Hawse End.</p> <p>As a result of the Newsletters 8 young people have become involved in online and activity day meetings.</p>
<p><b>Consultations</b></p> <ul style="list-style-type: none"> <li>• <b>Fostering placements</b></li> <li>• <b>Sport &amp; Leisure survey care leavers.</b></li> <li>• <b>CiCC Impact Survey</b></li> <li>• <b>Emotional wellbeing survey</b></li> </ul>	<p>To allow young people to tell us about their experiences and what their views are on topics and challenges.</p> <p>This also includes involving them in national reviews and consultations.</p>	<p>Impact Survey 25 responses</p> <p>Sporting &amp; Leisure 25 responses</p> <p>1 young person was the youngest person in England to awarded a place on the board after undergoing an interview process.</p>

<ul style="list-style-type: none"> <li>• <b>Coram Voice: Independent review of children's social care.</b></li> <li>• <b>Short Stays</b></li> </ul>		<p>Emotional Well being survey will be closed Feb 2022 current results 46.</p> <p>Visit to Heart street 2 young people visited.</p>
<b>Junior CiCC Activity</b>		
<b>Actions</b>	<b>Why</b>	<b>Impact</b>
<p><b>Craft and Activity sessions designed to engage primary aged children in voice activities:</b></p> <ul style="list-style-type: none"> <li>• <b>Valentines Activity</b></li> <li>• <b>Easter Activity</b></li> <li>• <b>Camp Superhero</b></li> </ul> <p><b>HAF Junior Activity:</b></p>	<p>To allow children and young people to take part in hands on virtual age-appropriate structured activities. To build their confidence at talking and working with others in a group and build relationships with the CRO.</p> <p>To provide a healthy hot meal and at least 4hrs of activity during the Christmas Holidays.</p>	<p>36 children and young people attended across 3 sessions.</p> <p>6 young people at the top end of the junior aged group have gone on to attend CiCC sessions and 4 of those attended the Hawse End County meeting for the first time.</p> <p>53 children attended across 3 sessions run in localities.</p>
<b>CLIC Activity</b>		
<b>Actions</b>	<b>Why</b>	<b>Impact</b>
<p><b>Local sessions: Online/face to face/ one to one and activity/craft sessions.</b></p>	<p>Supporting care leavers to navigate independence by offering the opportunity for them to socialise, try something new, sign post to other agencies/activities and allow them a voice to talk about the services they receive.</p>	<p>25 care leavers attended across 17 sessions.</p> <p>The sessions have allowed questions to be raised about the 12mth cut off for complaints.</p>

<p><b>Including Bright Stars a group for Care Leavers who are parents.</b></p> <p><b>Engagement sessions: Blackpool.</b></p> <p><b>Christmas Hampers</b></p> <p><b>Mental Health and Wellbeing Day</b></p>	<p>In 2021 there were 3 sessions. The summer session was planned by the families themselves.</p> <p>The apprentices decided to run an event where they could meet and have fun with other Care Leavers and they chose Blackpool as the venue for this.</p> <p>The CLiC forums highlighted the difficulties care leavers face at Christmas, loneliness, isolation, financial hardship can be felt all year round but the festive seasons highlights these feelings.</p> <p>This was a County CLiC Forum, meeting in Penrith for a day to promote positive mental health and wellbeing. A speaker, Sam Tyrer</p>	<p>Questions to be raised about access to health services, that will be added to in May at the Health offer Review.</p> <p>Over the year 4 families have attended the sessions. The young parents have been able to support each other as well as have fun together . They worked together to plan a summer trip and the children have chosen what they would like to do for their first session in 2022.</p> <p>19 attended and took part in discussions about what they thought of health services they have had experience of.</p> <p>The CRO officers applied for and were granted £20,369.50 to support Care Leavers with Winter Hampers. The hampers were either physical gifts (hats, gloves, scarfs, socks ,throws, hot water bottles, hot drink sets and or vouchers). Through this fund we were able to support 201 care leavers with £2,248.50 remaining. That will be put towards new year hampers.</p> <p>15 care leavers attended from throughout Cumbria</p>
--	--	---

	came to speak to the young people and then there was lunch and activities in the afternoon.	
<b>Other Voice Activity</b>		
<b>Actions</b>	<b>Why</b>	<b>Impact</b>
<b>Staff Interviews</b>  <b>Social Work Academy Interviews</b>	This is part of a long- term approach to building an organisation which young people feel belongs to them.	IRO interviews, Service Manager roles all conducted by the Leaving Care Apprentices
<b>All of Us</b>	<p>Group for the Voice of Children and young people who have SEND.</p> <p>In 2021 they have designed a newsletter , look at outcome statements for the LA and words around transition.</p>	<p>March 2021 – 17 young people attended July 2021 – 9 young people attended)</p> <p><b>SHORT BREAKS FEEDBACK sessions</b></p> <p>Feb/Apr 2021 – 10 individuals participated</p> <p><b>OUTCOME STATEMENTS FEEDBACK</b></p> <p>July 2021 – 6 young people attended the session</p> <p>The young people created their first newsletter which went out in the summer of 2021.</p>
<b>CSCP Audits</b> <ul style="list-style-type: none"> <li>• <b>Child in need</b></li> <li>• <b>Emotional Wellbeing and mental health for children on plans</b></li> </ul>	<p>Cumbria Safeguarding Children Partnership (CSCP) have implemented three area safeguarding groups (Allerdale &amp; Copeland; Barrow &amp; South Lakeland; Carlisle &amp; Eden).</p> <p>The purpose of these groups is to bring the work of the CSCP Board closer to frontline</p>	9 young people/families gave their views on the services received; these were shared with the panel to help towards creating recommendations for future practice.

	practitioners in order to be able to learn from and improve safeguarding practice.	
<b>It's Not Ok Campaign</b>	Young People were involved in creating 3 films that were launched in March 2021 and then a further video which was launched in July 2021.	During 2021 8 young people were involved in creating the animations (though there was a core group of 4), these are available on YouTube and have been used widely in training as well as shared online.
<b>CSCP: Cumbria Safeguarding Youth Voices</b>	The CSYV spent 2020 creating the Safety, Happiness and Health Toolkit to support young people to understand what safeguarding is and to ask for help. They focused 2021 on promoting the toolkit and developing the commitment badge.	<p>12 young people participated across 8 sessions.</p> <p>2 members presented the Safety Happiness and Health Toolkit at the Early help Launch in Feb to over 150 staff and partners, who were really positive about the toolkit and keen to engage.</p> <p>4 members created a presentation to be shared with the safety in school working group. It asked them to promote the toolkit and provided them with a presentation that schools could use to introduce the toolkit in assemblies.</p> <p>The CSYV promoted the commitment badge as something that could be awarded to groups that show they are working towards supporting young people.</p>